

The Power Is Within You

By Louise Hay

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The Power Is Within You By Louise Hay

In The Power Is Within You, Louise L. Hay expands her philosophies of loving the self through:

-learning to listen and trust the inner voice;

-loving the child within;

-letting our true feelings out;

-the responsibility of parenting;

-releasing our fears about growing older;

-allowing ourselves to receive prosperity;

-expressing our creativity;

-accepting change as a natural part of life;

-creating a world that is ecologically sound

where it's safe to love each other'

-and much more.

She closes the book with a chapter devoted to meditations for personal and planetary healing.

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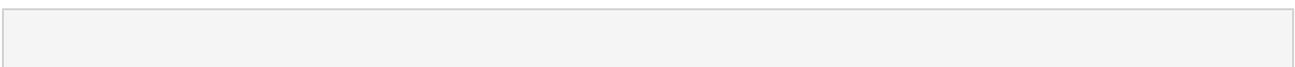
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