



Understanding the Highly Sensitive Child: Seeing an Overwhelming World through Their Eyes (My Highly Sensitive Child)

By James Williams

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It's not easy to be a highly sensitive child. Nor is it always easy to raise, care for, guide and teach a highly sensitive child. Because the highly sensitive child experiences the world a little differently, and that can be difficult to understand. This book aims to help you experience the world from the child's perspective, so that you can better understand them and help them to grow and thrive. In this simple, concise guide I distil the reams of information available on the highly sensitive child so that you can get the knowledge you need quickly and easily. Foreword from Elaine N. Aron, Ph.D. author of the worldwide bestsellers *The Highly Sensitive Person* and *The Highly Sensitive Child*: "As the author of this truly brilliant little book, Jamie Williamson explains that he is not an academic or a psychologist. I am simply a man who feels very passionately about the subject. He is highly sensitive and so is one of his daughters, and he writes about sensitivity with both simplicity and depth. His sensitivity also shows in his book's brevity. Caregivers of children need an author to get to the point so they can go get groceries, pick up the kids etc. Jamie's book can be read in an hour, yet it has charming examples as well as great suggestions and a full, scientifically accurate description of the trait. Jamie is reaching out to all parents, carers and teachers of sensitive children and whether through this book or on his website, he is a wonderful resource."

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Editorial Review

About the Author

A little about me..... I'm not an academic. I'm not a psychologist. I'm simply a man who is very, very passionate about the subject because: I have a highly sensitive daughter. High sensitivity has a massive impact on my family's life, and coming to understand the trait has transformed our lives - for the better. Before we understood high sensitivity we were bumbling about in the dark; now we're in the light.

Users Review

From reader reviews:

Kevin Swafford:

Your reading sixth sense will not betray you actually, why because this Understanding the Highly Sensitive Child: Seeing an Overwhelming World through Their Eyes (My Highly Sensitive Child) reserve written by well-known writer whose to say well how to make book that could be understand by anyone who also read the book. Written within good manner for you, dripping every ideas and producing skill only for eliminate your personal hunger then you still skepticism Understanding the Highly Sensitive Child: Seeing an Overwhelming World through Their Eyes (My Highly Sensitive Child) as good book not only by the cover but also from the content. This is one book that can break don't evaluate book by its include, so do you still needing a different sixth sense to pick this!? Oh come on your examining sixth sense already told you so why you have to listening to one more sixth sense.

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