



A Garden of Thoughts: My Affirmation Journal (Journals)

By Louise L. Hay

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Editorial Review

About the Author

Louise L. Hay is a metaphysical lecturer and teacher, and the bestselling author of 27 books, including *You Can Heal Your Life* and *Empowering Women*. Her works have been translated into 25 different languages in 33 countries throughout the world. Since beginning her career as a Science of Mind minister in 1981, she has assisted thousands of people in discovering and using the full potential of their own creative powers for personal growth and self-healing. Louise is the owner and founder of Hay House, Inc.

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