



## If Love Is a Game, These Are the Rules: 10 Rules for Finding Love and Creating Long-Lasting, Authentic Relationships

By Cherie Carter-Scott

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Do you wish you knew the rules for the game of love?

In her #1 New York Times bestseller **If Life Is a Game, These Are the Rules**, Chérie Carter-Scott gave us ten rules for conquering life's challenges and managing its unpredictable ups and downs. Now, in **If Love Is a Game, These Are the Rules**, she presents ten simple rules to help us find true love and create long-lasting, authentic relationships.

After twenty-five years of conducting workshops and seminars, Chérie has discovered that the most important--and often the most difficult--part of the human experience is partnership. Everyone is either looking for love or trying to find a way to sustain and feed the love that they already have. Chérie's ten rules are universal truths that we inherently know but often lose sight of in the confusing game of romance--rules as simple as "You Must Love Yourself First," "Communication Is Essential," and "You Must Nurture the Relationship for It to Thrive." Once understood and embraced, her rules help us learn more about our true selves and our needs--and make us better able to meet the needs of others.

As the ten rules show, building and sustaining authentic love is a delicate process that requires negotiation and communication, and while love is often challenged by change, it provides a variety of opportunities for us to grow as individuals. In her inimitably warm and inviting style, Chérie shares her own insights into love's journey, from building intimacy and taking the risk of commitment to rekindling the faded flame by bringing back the "sizzle factor." Her inspirational stories, coupled with practical exercises--such as creating a criteria list for a potential mate or making an outline for a formal relationship "check-in"--will bring out the authentic lover in each of us. Fresh and inspiring, **If Love Is a Game, These Are the Rules** is a perfect guide to living a real-life "happily ever after".

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### Editorial Review

#### Amazon.com Review

"Authentic love thrives on honesty and shimmers with truth ... [it] flexes and bends with the fluctuating needs and changes of each partner." Whether you're looking for a relationship or seeking to improve the one you're in, *If Love Is a Game, These Are the Rules* packs a wallop. Author Cherie Carter-Scott has figured out what makes relationships work--and fail--and she doles out insightful advice. Carter-Scott follows the same format as her successful *If Life Is a Game, These Are the Rules*; she presents the 10 rules and expands each in its own chapter, with plenty of anecdotes to clarify how these rules play out. The 10 rules may seem obvious at first glance (e.g., "Negotiation will be required" and "Your relationship will be challenged by change"), but Carter-Scott keeps scoping out deeper and deeper levels and teaching practical exercises for using the information. For example, rule 3 is "Creating Love Is a Process." Sure, we know that. But she describes each step of the process--1, connection; 2, exploration; 3, evaluation; 4, building intimacy; 5, commitment--and presents an array of strategies for making the most of each one. Following Carter-Scott's rules can't help but improve your relationship--or the likelihood of finding the right one! --*Joan Price*

#### Review

##### Advance Praise for **If Love Is a Game, These Are the Rules**:

"A delightful primer on love. Chérie Carter-Scott offers readers an expanded awareness on authentic relationships that can make daily life more fulfilling."

--John Gray, author of **Men Are from Mars, Women Are from Venus**

"We can never have too much love in the world. **If Love Is a Game, These Are the Rules** gives us the guidelines we need to create truly authentic unions that really do last. All relationships can benefit from these valuable tools."

--Jack Canfield, coauthor of **Chicken Soup for the Soul**

"Even though we spend our whole lives trying to make relationships work, no one has ever been given an operator's manual with the directions for how to successfully have one. **If Love Is a Game, These Are the Rules** is a wonderful guide that clearly sets out the directions we need for keeping relationships healthy and alive."

--Harville Hendrix, Ph.D., author of **Getting the Love You Want and Keeping the Love You Find**

#### From the Inside Flap

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## **Users Review**

### **From reader reviews:**

#### **Jeffrey Lockwood:**

The book *If Love Is a Game, These Are the Rules: 10 Rules for Finding Love and Creating Long-Lasting, Authentic Relationships* can give more knowledge and information about everything you want. Exactly why must we leave the good thing like a book *If Love Is a Game, These Are the Rules: 10 Rules for Finding Love and Creating Long-Lasting, Authentic Relationships*? Several of you have a different opinion about book. But one aim that will book can give many data for us. It is absolutely suitable. Right now, try to closer with your book. Knowledge or data that you take for that, you could give for each other; you may share all of these. Book *If Love Is a Game, These Are the Rules: 10 Rules for Finding Love and Creating Long-Lasting, Authentic Relationships* has simple shape but the truth is know: it has great and large function for you. You can search the enormous world by start and read a guide. So it is very wonderful.

#### **Janna Lefevre:**

This *If Love Is a Game, These Are the Rules: 10 Rules for Finding Love and Creating Long-Lasting, Authentic Relationships* are generally reliable for you who want to become a successful person, why. The reason why of this *If Love Is a Game, These Are the Rules: 10 Rules for Finding Love and Creating Long-Lasting, Authentic Relationships* can be one of many great books you must have is definitely giving you more than just simple looking at food but feed you actually with information that possibly will shock your previous knowledge. This book will be handy, you can bring it almost everywhere and whenever your conditions in the e-book and printed kinds. Beside that this *If Love Is a Game, These Are the Rules: 10 Rules for Finding Love and Creating Long-Lasting, Authentic Relationships* giving you an enormous of experience like rich vocabulary, giving you trial run of critical thinking that we know it useful in your day pastime. So , let's have it and enjoy reading.

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