



Stick Fighting: Techniques of Self-Defense

By Masaaki Hatsumi, Quantan Chambers

Download now

Read Online →

Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers

Step-by-step instructions and over 300 photographs allow the trainee to follow and learn the techniques with ease.

The ideal weapon for self-defense is a stick. To find a comprehensive system of techniques using the stick, we must turn to the East, for systems known to the West have fallen into disuse. In this book, the techniques of Kukishin Ryu-an ancient Japanese method-have been updated and adapted for use today. A thorough grounding in the fundamentals dealt with here will enable you to disarm and control any assailant.

CONTENTS

Section 1: Basic Movements

Section 2: Techniques against First Attack

Section 3: Techniques against Foot Attacks

Section 4: Techniques against Wrist Holding

Section 5: Techniques against Sleeve and Lapel Holding

Section 6: Techniques against Seizure from Behind

Section 7: Techniques against Stick Holding

Section 8: Immobilizations

↓ [Download Stick Fighting: Techniques of Self-Defense ...pdf](#)

📄 [Read Online Stick Fighting: Techniques of Self-Defense ...pdf](#)

Stick Fighting: Techniques of Self-Defense

By Masaaki Hatsumi, Quantan Chambers

Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers

Step-by-step instructions and over 300 photographs allow the trainee to follow and learn the techniques with ease.

The ideal weapon for self-defense is a stick. To find a comprehensive system of techniques using the stick, we must turn to the East, for systems known to the West have fallen into disuse. In this book, the techniques of Kukishin Ryu-an ancient Japanese method-have been updated and adapted for use today. A thorough grounding in the fundamentals dealt with here will enable you to disarm and control any assailant.

CONTENTS

Section 1: Basic Movements

Section 2: Techniques against First Attack

Section 3: Techniques against Foot Attacks

Section 4: Techniques against Wrist Holding

Section 5: Techniques against Sleeve and Lapel Holding

Section 6: Techniques against Seizure from Behind

Section 7: Techniques against Stick Holding

Section 8: Immobilizations

Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers Bibliography

- Sales Rank: #321435 in Books
- Published on: 2013-02-01
- Original language: English
- Number of items: 1
- Dimensions: 5.80" h x .30" w x 8.20" l, .67 pounds
- Binding: Paperback
- 148 pages

 [Download Stick Fighting: Techniques of Self-Defense ...pdf](#)

 [Read Online Stick Fighting: Techniques of Self-Defense ...pdf](#)

Download and Read Free Online Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers

Editorial Review

About the Author

Dr. MASAAKI HATSUMI was born in 1931. After progressing through various martial arts, he found his life's mentor, Takamatsu Toshitsugu, and studied under him for the next fifteen years, becoming the 34th Grand Master of Togakure-ryu Ninjutsu and eight other arts, which he unified into the Bujinkan system. Dr. Hatsumi has taught thousands of individual students as well as instructing at law enforcement agencies all over the world, and has received numerous accolades from politicians and spiritual leaders of many nationalities. He has also worked as a professional osteopath, acted in a popular television series, is the author of many books and DVDs on Ninjutsu and Budo, and was for many years Chairman of the International Department of the Japan Literary Artists' Club.

Users Review

From reader reviews:

Cody Smith:

In this 21st century, people become competitive in each and every way. By being competitive right now, people have to do something to make all of them survive, being in the middle of typically the crowded place and notice simply by surrounding. One thing that occasionally many people have underestimated that for a while is reading. Yeah, by reading a publication your ability to survive is then having a chance to stand out that is high. To suit your needs who want to start reading the book, we give you this kind of Stick Fighting: Techniques of Self-Defense book as a beginner and daily reading guide. Why, because this book is greater than just a book.

Tracy Gardiner:

Nowadays people that live in the era everywhere everything is reachable by talk with the internet and the resources in it can be true or not involve people to be aware of each information they get. How do individuals become smart in receiving any information nowadays? Of course the solution is reading a book. Examining a book can help persons out of this uncertainty. Information, especially this Stick Fighting: Techniques of Self-Defense book, because the book offers you rich data and knowledge. Of course the information in this book is 100% guaranteed there is no doubt in it you probably know this.

Marlene Clabaugh:

The particular book Stick Fighting: Techniques of Self-Defense will bring you to definitely the new experience of reading any book. The author's style to spell out the idea is very unique. Should you try to find a new book to read, this book is very suitable to you. The book Stick Fighting: Techniques of Self-Defense is much recommended to you to see. You can also get the e-book from the official web site, so you can more easily read the book.

Ryan Strausbaugh:

Many people spending their time frame by playing outside along with friends, fun activity having family or just watching TV the entire day. You can have new activity to shell out your whole day by examining a book. Ugh, ya think reading a book can definitely hard because you have to take the book everywhere? It okay you can have the e-book, delivering everywhere you want in your Cell phone. Like Stick Fighting: Techniques of Self-Defense which is keeping the e-book version. So , why not try out this book? Let's find.

Download and Read Online Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers #5489KRYTF7P

Read Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers for online ebook

Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers books to read online.

Online Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers ebook PDF download

Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers Doc

Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers Mobipocket

Stick Fighting: Techniques of Self-Defense By Masaaki Hatsumi, Quantan Chambers EPub