



The Heart of a Champion: Inspiring True Stories of Challenge and Triumph

By Bob Richards

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What makes a champion? Olympic champion Bob Richards says it's the will to win no matter what the odds. In *The Heart of a Champion*, he shares the incredible stories of athletes who have overcome hardship, disability, racism, sexism, and more to become the best the world has ever seen. A celebration of hard work and the indomitable human spirit, this book captures Richards's contagious enthusiasm for individual greatness as well as the beauty of working as a team.

These inspirational true stories have been loved for fifty years. Now repackaged for a new generation of athletes and coaches, *The Heart of a Champion* is poised to influence thousands more with its message of hope and perseverance.

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- Rank: #716619 in eBooks
- Published on: 2009-08-01
- Released on: 2009-08-01
- Format: Kindle eBook

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Editorial Review

From the Back Cover

What makes a champion?

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We all want to win, to get to the top, to reach our goals. Let these inspiring stories of hope and perseverance help you develop the heart of a champion.

Bob Richards is a champion all-around athlete, a former holder of the Olympic pole vault record, the Olympic gold medalist in men's pole vault for 1952 and 1956, and the former director of the Wheaties Sports Federation. In 1958 he was also the first athlete to appear on the front of a Wheaties cereal box.

About the Author

Bob Richards is a champion all-around athlete, a former holder of the Olympic pole vault record, the Olympic gold medalist in men's pole vault for 1952 and 1956, and former director of the Wheaties Sports Federation. He is also the first athlete to appear on the front of a Wheaties cereal box in 1958. He currently runs Olympian Ranch with his wife, Joan, in Gordon, Texas, where they breed champion miniature horses.

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