



## Chinese System Of Food Cures: Prevention & Remedies

By Henry C. Lu

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**Chinese System Of Food Cures: Prevention & Remedies** By Henry C. Lu

A Chinese professor of medicine reveals how you can prepare ordinary foods to relieve and cure hundreds of ailments; fresh cherries for laryngitis, celery juice and honey to lower cholesterol, beef kidney to improve male potency, and much more. "A fascinating book."--*Holos Institute of Health*.

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