



Healing the Wounded Heart: The Heartache of Sexual Abuse and the Hope of Transformation

By Dan B. Allender

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First published in 1989, Dan Allender's *The Wounded Heart* has helped hundreds of thousands of people come to terms with sexual abuse in their past. Now, more than twenty-five years later, Allender has written a brand-new book on the subject that takes into account recent discoveries about the lasting physical, emotional, relational, and spiritual ramifications of sexual abuse.

With great compassion Allender offers hope for victims of rape, date rape, incest, molestation, sexting, sexual bullying, unwanted advances, pornography, and more, exposing the raw wounds that are left behind and clearing the path toward wholeness and healing. Never minimizing victims' pain or offering pat spiritual answers that don't truly address the problem, he instead calls evil *evil* and lights the way to renewed joy.

Counselors, pastors, and friends of those who have suffered sexual harm will find in this book the deep spiritual guidance they need to effectively minister to the sexually broken around them. Victims themselves will find here a sympathetic friend to walk alongside them on the road to healing.

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Editorial Review

From the Back Cover

Find hope and healing in the wake of sexual abuse

If you are one of the millions of people who have suffered abuse in the form of rape, incest, molestation, sexting, sexual bullying, unwanted advances, pornography, and more, you know that hope doesn't come easy and healing can seem impossible. Dan Allender has been there--and he's spent twenty-five years helping other victims of sexual abuse walk the path toward wholeness.

Never minimizing the pain or offering pat spiritual answers that don't truly address the problem, Allender calls evil *evil* and lights the way to renewed joy, one step at a time.

"For all those seeking healing, and those who bring healing to others, this is an immensely powerful book filled with wisdom, understanding, and experience--and above all filled with hope. I highly recommend it!"--**John Eldredge**, author of *Wild at Heart* and *Beautiful Outlaw*

"Through Dan's skillful and tender writing, I've been given a vision for how to love and walk well with the members of my community whose stories have been marked by sexual abuse. I'm so very thankful for his gentle, prophetic voice, and for the many ways his words have been healing and life-giving for generations."--**Shauna Niequist**, author of *Savor* and *Bread & Wine*

"Brilliant and accessible, Allender has given us this incredible gift: a book that not only helps us understand the potent impacts and effects of sexual abuse but offers hope and a roadmap to healing. Thank you! I am thrilled this book exists."--**Wm. Paul Young**, author of *The Shack*, *Cross Roads*, and *EVE*

"This book is like Dan--compelling, liberating, and a gentle salve that will transform wounds into holy scars. This book will become a classic for generations."--**Dr. Dennis Rainey**, president of FamilyLife

Dan B. Allender is professor of counseling psychology and former president of The Seattle School of Theology and Psychology in Seattle, Washington. He travels and speaks extensively on sexual abuse recovery, love and forgiveness, worship, and other related topics. Allender is the author of fifteen books, including *The Wounded Heart*, and coauthor of *God Loves Sex*.

About the Author

Dan B. Allender (MS, Barry College; MDiv, Westminster Theological Seminary; PhD, Michigan State University) is professor of counseling psychology and former president of The Seattle School of Theology and Psychology in Seattle, Washington. He travels and speaks extensively on sexual-abuse recovery, love and forgiveness, worship, and other related topics. Allender is the author of fifteen books, including *The Wounded Heart*, and is coauthor of *God Loves Sex*.

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Maria Green:

A lot of people always spent their own free time to vacation or perhaps go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity that is look different you can read any book. It is really fun for you. If you enjoy the book which you read you can spent the whole day to reading a reserve. The book Healing the Wounded Heart: The Heartache of Sexual Abuse and the Hope of Transformation it is quite good to read. There are a lot of those who recommended this book. These were enjoying reading this book. When you did not have enough space to bring this book you can buy often the e-book. You can m0ore very easily to read this book out of your smart phone. The price is not to cover but this book features high quality.

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