



# The Encyclopedia of Phobias, Fears, and Anxieties (Facts on File Library of Health & Living)

By Ronald M Doctor, Ada P Kahn, Christine A Adamec

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**The Encyclopedia of Phobias, Fears, and Anxieties (Facts on File Library of Health & Living)** By Ronald M Doctor, Ada P Kahn, Christine A Adamec

Covers different aspects of mental disorders. This work explains various aspects, from defining anxieties, fears, and phobias to specific types of phobias, and from causes and symptoms to treatments. It provides a historical overview of the subject, and an appendix includes a helpful directory of resources.

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## **Editorial Review**

### **From Booklist**

In this third edition, readers can learn about the multitude of phobias and other anxiety disorders, ranging from agoraphobia (anxieties about open spaces) to coulrophobia (the fear of clowns) and genuphobia (the fear of knees). The easy-to-use reference provides more than 2,000 articles that define and describe phobias and sometimes offer suggestions on how afflicted individuals may seek help. In addition to its A-Z entries, the volume includes an informative introduction to the study of phobias, an appendix of resource organizations and agencies, and lists of readings organized by subject. This edition tries to improve upon some of the shortcomings of the second (published in 2000), one of which was circularity of cross-references. For example, the entry didaskaleinophobia directs the user to school phobia, which in earlier editions simply provided a different term for the condition. In this edition, there is a lengthy article explaining the details of school phobia. Another problem evident in the 2000 edition was an outdated bibliography, which, unfortunately, is still a concern. Many articles used as references were published in the 1990s or earlier. Interesting to peruse, *The Encyclopedia of Phobias, Fears, and Anxieties* is appropriate for consumer-health collections. --Lilian Hoffecker

### **Review**

... "this book is a jewel...Highly recommended."

... "authoritative, well-written...Highly recommended."

"The authors make each topic understandable...Recommended."

"Provid[es] up-to-date, concise information...recommended..."

... "a very user-friendly, trustworthy resource...recommended..."

... "substantially revised and updated...a recommended purchase..."

... "offers an extensive exploration of adoption-related subjects..."

... "comprehensive, accessible, and well organized...strongly recommended."

... "contains a wealth of information for a very reasonable price ... highly recommended..."

"The strength of this source is the wide range of information given about eating disorders and obesity...offers a good introduction and overview..."

### **About the Author**

Ronald M. Doctor, Ph.D., is a professor in the Department of Psychology at California State University in Northridge.

Ada P. Kahn holds a Ph.D. in public health and is the author of *The Encyclopedia of Mental Health*, Third Edition and *The Encyclopedia of Stress and Stress-Related Diseases*, Second Edition. She live in Illinois.

## **Users Review**

### **From reader reviews:**

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#### **Henry Heath:**

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