



A Year at Otter Farm

By Mark Diacono

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A Year at Otter Farm By Mark Diacono

WINNER OF THE ANDRE SIMON FOOD BOOK OF THE YEAR AWARD
2014

'Otter Farm is all about flavour. It starts and ends with the question: What do I really want to eat?'

The taste of a perfectly ripe mulberry was Mark Diacono's inspiration for creating Otter Farm, a unique smallholding in Devon with every inch dedicated to extraordinary produce. Sprouting broccoli, asparagus, artichokes, borlotti beans and chard flourish in the vegetable patch; quince and Chilean guava grow in the edible forest; and pigs and chickens roam freely.

Here Mark shares his colourful, beautiful recipes, all brimming with flavour and with fresh vegetables, herbs and fruit – including a warm salad of Padron peppers, cherries and halloumi, a stew made from chicken, pork and borlotti beans, a curried squash and mussel soup, and cucumber ice cream, quince doughnuts and fennel toffee apples. He charts the seasonal challenges and excitements of rural living, and offers practical advice for cultivating the best of the familiar, unusual and forgotten varieties at home. With luminous photography that captures life in the kitchen and outdoors, this ground-breaking book reveals how even the most exotic and exciting tastes can have their roots in British soil.

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Editorial Review

Review

Encyclopaedic and accessible ... Diacono paints a wonderful picture of a farm life *Guardian* Brimming with off-the-beaten-track recipes and novel ideas ... This is a tale of culinary adventure *Sunday Telegraph* It's thrilling to have Mark Diacono's account of what it is like actually to live the dream ... a useful country companion/cookbook -- *Carolyn Hart Daily Telegraph* Excellent ... full of gardening advice and palate-teasing recipes, from cucumber ice cream to quince doughnuts *Delicious Splendid* -- *Bee Wilson Sunday Telegraph* ... back at home, I have Mark Diacono's gooseberry salsa recipe in *A Year at Otter Farm* waiting for me: cooked in vinegar with sugar, then infused with shallots, mint, chives and lime; Diacono suggests serving it with smoked mackerel. I obey. And then I am torn between weeping at what I've been missing, and doing air-punches at the idea that from now on, gooseberries are on the menu. Big time -- *Emma Townshend Independent* *Gorgeous Women & Home* *Feel Good Food* The recipes are short, simple in methodology and easy to follow. The photos ... portray the kaleidoscopic reach of this agriculture venture beautifully *English Garden* Perfect for the gardener seeking inventive ways of using their produce *Grow Your Own* Beautiful photographs, and food I can't wait to cook *Saga* The one to pluck out from the rest -- *Best Books of 2014 Financial Times* *Beautiful BBC Countrylife* A visual treat *English Garden* Delicious sounding dishes, beautifully photographed *BBC Countrylife*

About the Author

Mark Diacono is an award-winning writer and photographer. Known for his commitment to sustainable, ethically produced food, Mark was head of the Garden Team at Hugh Fearnley-Whittingstall's River Cottage for many years before setting up Otter Farm, the Britain's first and only climate change farm.

@MarkDoc / @OtterFarmUK / otterfarm.co.uk

Users Review

From reader reviews:

Sarita Springer:

As people who live in typically the modest era should be revise about what going on or facts even knowledge to make these people keep up with the era which is always change and advance. Some of you maybe will probably update themselves by reading through books. It is a good choice for yourself but the problems coming to an individual is you don't know which one you should start with. This *A Year at Otter Farm* is our recommendation to make you keep up with the world. Why, as this book serves what you want and need in this era.

Brad Marcum:

Often the book *A Year at Otter Farm* has a lot of information on it. So when you check out this book you can get a lot of help. The book was authored by the very famous author. The author makes some research previous to write this book. This specific book very easy to read you can find the point easily after reading

this book.

Ray Ellis:

In this time globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The healthiness of the world makes the information much easier to share. You can find a lot of referrals to get information example: internet, newspaper, book, and soon. You can observe that now, a lot of publisher which print many kinds of book. The actual book that recommended for your requirements is A Year at Otter Farm this reserve consist a lot of the information of the condition of this world now. This kind of book was represented how can the world has grown up. The terminology styles that writer use for explain it is easy to understand. The actual writer made some analysis when he makes this book. That's why this book ideal all of you.

Weston Brock:

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