



Have a New Teenager by Friday: From Mouthy and Moody to Respectful and Responsible in 5 Days

By Dr. Kevin Leman

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Popular psychologist and bestselling author Dr. Kevin Leman shows parents how to establish boundaries, gain respect, and turn problem behaviors around with their teenager in five days.

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Editorial Review

From the Back Cover

Do you know this person?

He eats cereal out of a large mixing bowl.

Her bedroom looks like a garbage dump . . . on a good day.

If there were an Academy Award for eye-rolling, he'd win.

She changes outfits three times before breakfast.

Congratulations! You have a teenager in your home.

Life will never quite be the same again (of course, you already know that). But it can be better than you've ever dreamed. In fact, you're just five days away from your teenager asking, "What can I do to help?" Guaranteed!

With his signature wit and commonsense psychology, internationally recognized family expert and *New York Times* bestselling author Dr. Kevin Leman will help you

gain respect--even admiration--from your teenager
establish healthy boundaries and workable guidelines
communicate with the "whatever" generation
turn selfish behavior around
navigate the critical years with confidence
pack your teenager's bags with what he or she needs for life now and in the future
become the major difference-maker in your teenager's life

With Dr. Leman's instinct and insight, plus an index with gutsy advice on 75 hot-button issues that keep parents up at night, *Have a New Teenager by Friday* will help you get real results--real fast.

About the Author

Dr. Kevin Leman is an internationally known psychologist, humorist, and *New York Times* bestselling author of *Have a New Kid by Friday*. He is author of many books, including *The Birth Order Book*, *Have a New Husband by Friday*, *Have a New You by Friday*, and *Making Children Mind without Losing Yours*. He is former consulting psychologist for *Good Morning America* and is a frequent guest on national media, including *FOX and Friends*, *The Early Show*, and *Focus on the Family*. He and his wife, Sande, live in Tucson, Arizona. They have five children and four grandchildren.

Users Review

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Larry Hunter:

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Catherine Kuntz:

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