



# 101 Improv Games for Children and Adults

By Bob Bedore

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## 101 Improv Games for Children and Adults By Bob Bedore

What is the big deal about improv?

It's fun. It strengthens our imagination, promotes self-confidence, increases spontaneity, promotes teamwork, and it's magic: it creates something out of nothing.

101 IMPROV GAMES FOR CHILDREN AND ADULTS contains the basics: what improv is all about and how to do it, special instructions for how to teach improv to children, plus more advanced training on how to use your voice and body in ways you haven't thought of before. It has helpful hints for creating scenes and environments out of thin air. All this plus 101 games with simple instructions, from easy warm-up games to over-the-top crowd pleasers such as Fairy Tales, Bizarre Games, On Your Toes and Narrative Games.

This is the tenth in the Hunter House SmartFun activity books series, and the first one for adults as well as children. The book is a great resource for educators as well as for the professional actor or the layperson working with improv for fun. The book contains lively illustrations and is easy to use.

Improv is about creating something out of nothing, but a really good improviser can create something great out of nothing. This book shows you how.

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## **Editorial Review**

### About the Author

BOB BEDORE has been doing theater for the past 24 years, has toured as a stand-up comedian, hosted a live Saturday morning kids show, spent a dozen years as a radio disc jockey, appeared in movies, and has owned and operated several theaters. He has also written 20 plays and a few screenplays. In 1994 Bob founded an improv comedy troupe, Quick Wits. Since then he has performed with the Wits almost every show (somewhere around 2500 so far) in front of very enthusiastic crowds. He has taken improv to the classroom where he has taught all ages, from kindergarten to college. He lives in West Jordan, Utah.

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