



40 Days to Lasting Change: An AHA Challenge

By Kyle Idleman

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Do you want to see change in your life—but don't know how to get there? In this thoughtful devotional, Kyle Idleman invites you to address that behavior or thought pattern using three key elements: You **Awaken** to the reality of your spiritual condition; you see yourself and your need for a Savior with brutal **Honesty**; and this realization leads to **Action** as you follow Christ's example.

Drawing on the example of the Prodigal Son, Idleman shows us why each of these three elements is essential to lasting spiritual transformation and gives us practical tools to live them out.

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By *Kyle Idleman*

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Editorial Review

About the Author

Kyle Idleman is the teaching pastor at Southeast Christian Church in Louisville, Kentucky, the fourth largest church in America. Author of the bestselling books *Not a Fan* and *AHA*, he speaks regularly at conferences and events around the world. Kyle and his wife, DesiRae, have four children.

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