



## How to gain spiritual muscles

*By Patricia U. Varlack*

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A handbook for the most powerful persons who just do not know how powerful they are or how to handle their power.

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## **Editorial Review**

### **About the Author**

Patricia U. Varlack resides in the Dutch Caribbean where she is president of Greater Works Foundation, a foundation that promotes writing through among others organizing writers conferences. Patricia has published a quarterly Christian women magazine called Greater Things, and writes articles on numerous topics for local newspapers. Patricia is also the director of Instruction Center for the Wise, where she is a teacher, conference speaker, business coach, and personal counselor.

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