

Psychology in Action, 10th Edition

By Karen Huffman

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In the 10th edition of *Psychology in Action*, Author Karen Huffman redefines and refocuses her message of "active learning". This is reflected as "Student Engagement through Active Participation." All in-text pedagogy (including the new MythBuster box) are subsumed under this big category making it easier for reps to concretely demonstrate this theme.

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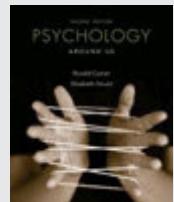
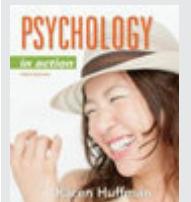
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Editorial Review

Amazon.com Review

More to Explore: See More Psychology Resources

| Title |  |  |
|--------------------------|--|---|
| Resource Type | Textbook | Textbook |
| Audience Level | Introductory | Introductory |
| Pages | 840 | 784 |
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| Edition | 2 | 10 |
| Brief Description | Known for hands-on activities and thorough pedagogy, this best-seller is for students who want to apply psychology in the world around them. | This text offers students a range of tools to successfully learn the subject, while highlighting psychology as an integrated science. |

True or False

1. Stress causes cancer.

2. There is there is strong scientific evidence for Extra Sensory Perception (ESP.)
3. Sleep deprivation and shift work are key contributors to industrial and automobile accidents.
4. An amount of LSD the size of an aspirin tablet is enough to produce psychoactive effects in over 300 people.
5. Prejudiced and superstitious peoples are born that way.
6. B.F. Skinner raised his daughter in a cage-like “Skinner box,” which led to her adult mental illness.
7. Sex and gender are essentially the same.
8. Mental disorders are a sign of personal weakness.
9. Asking a depressed person about suicide will push him or her over the edge and cause a suicidal act that would not otherwise have occurred.
10. Most peoples judge others more harshly than they judge themselves.
11. Romantic love rarely lasts longer than 1 or 2 years.
12. Similarity is one of the best predictors of long-term relationships.
13. Polygraph (“lie detector”) tests can accurately and reliably reveal whether or not a person is lying.
14. In an emergency, as the number of bystanders increases, your chance of getting help decreases.
15. Your first hunch on a multiple-choice test is your best guess.

Answers

1. False
2. False
3. True
4. True
5. False
6. False
7. False
8. False
9. False
10. True
11. True
12. True
13. False
14. False
15. False

From the Back Cover

Engage. Inspire. PSYCHOLOGY *in action*

Recognized as the leading textbook for active learning and student success, *Psychology in Action* is specifically designed to engage students with the material and inspire them to learn more by connecting topics to everyday life. Author Karen Huffman shows readers how to examine and improve their personal study and learning styles through unique pedagogical aides. New to this edition, each chapter's Myth Busters prompt students to think critically about common psychological misperceptions and myths. Can you debunk or confirm the following Myth Busters statements?

MYTH BUSTERS

TRUE or FALSE? (Answers are found throughout the text.)

- A positive attitude helps fight off cancer.
- Hard work, motivation, and persistence are better predictors of success than IQ.
- Opposites attract.
- Your first hunch on a multiple-choice test is your best guess.
- You can learn foreign languages while asleep.
- Beauty is primarily in the eye of the beholder.
- Men prefer women who wait for them to make the first advance.
- The human brain is the largest in the animal kingdom.

Use online resources to take learning even further! When *Psychology in Action* is partnered with *WileyPLUS*, a research-based, online environment for effective teaching and learning, students have access to a robust suite of resources, including video clips and author tutorials, animations, study tips and psychological techniques to help them master the material as they move through the course. *WileyPLUS* builds students' confidence because it takes the guesswork out of studying by providing students with a clear roadmap: what to do, how to do it, if they did it right. With *WileyPLUS*, psychology students take more initiative so professors can have a greater impact on their achievement in the classroom and beyond.

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About the Author

Karen Huffman is a professor of psychology at Palomar College in San Marcos, California, where she teaches full-time and serves as the Psychology Student Advisor and Co-Coordinator for Psychology Faculty. Karen received the "National Teaching Award for Excellence in Community/Junior College Teaching" given by Division Two of the American Psychological Association (APA). She also was recognized with the first "Distinguished Faculty Award for Excellence in Teaching" from Palomar College, and an "Outstanding Teaching" award from the University of Texas at Austin. Karen's special research and presentation focus is in active learning and critical thinking, and she has presented numerous online web seminars and workshops throughout the United States, Canada, and Puerto Rico. Karen is the author of Wiley introductory psychology texts including, *Psychology in Action* and *Living Psychology*.

Siri J. Carpenter is a PhD in Psychology from Yale University. Her work has appeared in numerous publications, including Science, ScienceNOW, Reuters Health, The APA Monitor (the monthly magazine of the American Psychological Association), the APS Observer (magazine of the American Psychological society, World Book Science Year, and others.

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