



Teaching parenting the positive discipline way: A step-by-step approach to starting and leading parenting classes

By Dr. Jane Nelsen, Lynn Lott

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Teaching Parenting provides a step-by-step approach to starting and leading experientially based parenting groups. This program stands alone or offers significant enhancement to any program through experiential activities and problem-solving steps that reach the heart to inspire deeper understanding and change. These activities create the bridge to reach parents with cultural differences, limited reading skills, and/or special problems with children. Includes 70 activities (29 specifically for parents of teenagers). All activities are adaptable for use with all age groups. Also included are outlines for seven-week classes using ten major parenting books including Positive Discipline, Raising Self-Reliant Children in a Self-Indulgent World, Positive Discipline for Teenagers, STEP, Active Parenting, and Siblings Without Rivalry.

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