



# Yes Yes Hell No: The Little Book for Making Big Decisions

By Brian Whetten Ph.D.

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**Yes Yes Hell No: The Little Book for Making Big Decisions** By Brian Whetten Ph.D.

**What does it take to create an extraordinary life?** One where you make a difference, have amazing relationships, achieve your dreams, live your purpose, and experience great happiness?

You have to be able to:

- Make big decisions. A big decision is a choice where the stakes are high and you feel conflicted about the alternatives.
- Create big wins. A big win is a goal that's heartfelt, specific, and scary. It's a dream or a desire that matters so much it frightens you.
- Make friends with your fears. The problem with big wins and big decisions is that they trigger your fears. And the harder you fight against those fears, the stronger they become. Instead, your opportunity is to release the inner conflict by learning how to turn your fears into some of your most trustworthy friends.

This book contains what may be the single most powerful and reliable tool there is for developing these three skills. This tool works in a wide range of areas. It's free, fun, and non-fattening. Plus it creates remarkable results. And it all starts by discovering what it means to experience a *Yes Yes Hell No!*

**“One of the most simple and powerful technologies I’ve ever seen for making big decisions in life...from one of the great leaders and coaches in the field.”**

– From the Foreword by Jack Canfield, Co-Creator of Chicken Soup for the Soul® and Co-Author of The Success Principles

**“Brian Whetten demystifies the hidden process of effective decision making in this straight talking new book. It’s indispensible.”**

– Barnet Bain, Producer of What Dreams May Come

**“This may be the most impactful book you’ll ever read.”**

– Steve D’Annunzio, President of Mission Driven Advisors

**"Cuts like a diamond..."**

- Steve Chandler, Best Selling Author

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### Editorial Review

#### About the Author

By the age of 30, Brian had earned a Berkeley Ph.D. in computer science, raised \$20 million for two Silicon Valley startups, become an internationally known academic and speaker, been part of a \$400 million IPO, repeatedly made and lost millions – and burned out twice.

After an emotional crisis, he left his career for six years of full-time personal growth work, including a M.A. in Spiritual Psychology from the University of Santa Monica.

Today, Brian serves as an executive coach, leadership consultant, and keynote speaker. He helps leaders turn soft skills into hard results, and supports them in developing companies that both make money and make a difference. He is considered one of the foremost experts in the fields of conscious business and authentic leadership.

That said, what *really* excites Brian is his family. He lives in Los Angeles with his wife Nicole, where they spend much of their time wondering how their two daughters can be so cute.

### Users Review

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##### **Leonard Parnell:**

In this 21st centuries, people become competitive in every way. By being competitive today, people have do something to make these survives, being in the middle of the particular crowded place and notice by surrounding. One thing that at times many people have underestimated that for a while is reading. Yep, by reading a book your ability to survive improve then having chance to remain than other is high. For yourself who want to start reading some sort of book, we give you this Yes Yes Hell No: The Little Book for Making Big Decisions book as nice and daily reading reserve. Why, because this book is usually more than just a book.

##### **Michael Pauls:**

Now a day people who Living in the era just where everything reachable by talk with the internet and the resources included can be true or not involve people to be aware of each facts they get. How people have to be smart in receiving any information nowadays? Of course the answer is reading a book. Looking at a book can help people out of this uncertainty Information particularly this Yes Yes Hell No: The Little Book for Making Big Decisions book as this book offers you rich info and knowledge. Of course the details in this book hundred per cent guarantees there is no doubt in it everybody knows.

**Helen Leduc:**

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**Fannie Garcia:**

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