



Destination Eden - Paper Back

By Mango Wodzak

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Going far beyond the realms of diet, this book explains the little understood concept of fruitarianism, and why there is an ever increasing need for humankind to better understand fruit and the unique role it can play in positively shaping the future. Fruit is the only food which has the potential to be fully compatible with the "Golden Rule" - The philosophy of treating all life with the respect it duly deserves. This tome explains why this is so, and how through embracing it as our one true food, we can transform the world into the paradise it was always meant to be.

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