



The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills

By Deborah Fein PhD, Molly Helt PhD, Lynn Brennan EdD BCBA-D, Marianne Barton PhD

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Suspecting that your baby or toddler may have autism spectrum disorder or another developmental delay can be scary and overwhelming. But there is a lot you can do to help, even while waiting for an evaluation or early intervention. With the right tools, everyday tasks can be terrific opportunities for building critical social and communication skills. Start at the kitchen table, bathtub, or shopping cart! In this easy-to-navigate guide, leading experts present more than 100 games and activities designed to support development in children from birth to age 3. Your child's daily routines are transformed into learning opportunities that promote crucial abilities, like how to imitate others or use simple hand gestures to convey wants and needs. As a parent, you are the most important person in your child's life. Now you can be the best teacher, too.

Winner (First Place)--*American Journal of Nursing* Book of the Year Award, Child Health Category

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Editorial Review

Review

"I had the tremendous fortune of previewing this book and being coached by the authors when my daughter was diagnosed with autism spectrum disorder at 14 months old. We actually had fun incorporating the creative activities into our daily lives. Along with therapy, these techniques undoubtedly contributed to my daughter's amazing progress. Reading this book is like having these four leading consultants guiding you in your home every step of the way!"--Stephanie S., parent

"Fantastic! The book provides key information about typical developmental milestones from birth through toddlerhood, and is chock full of clever games and activities to make learning fun."--Wendy Stone, PhD, Director, READi Lab (Research in Early Autism Detection and Intervention), University of Washington

"I will recommend this book to all the parents I work with. It is just what you need if you are worried about your infant's or toddler's development. The chapters are bursting with easy-to-implement games and activities, embedded in daily routines, that could help any child."--Sally Ozonoff, PhD, coauthor of *A Parent's Guide to High-Functioning Autism Spectrum Disorder, Second Edition*

"A marvelous, unique resource that fills an important need. This book is filled with practical and helpful advice and activities that parents can readily use when developmental delays are suspected. It enables you to take active steps to facilitate your child's development."--Fred R. Volkmar, MD, coauthor of *A Practical Guide to Autism*

"This clearly written, extremely user-friendly book will be invaluable to parents. It contains a plethora of ingenious ideas that you can incorporate into your everyday routines to enhance and expand your young child's learning."--Katarzyna Chawarska, PhD, Yale Child Study Center, Yale University School of Medicine

"[The book] helps parents help their children and provides a wonderful contextual structure for establishing everyday routines and activities that will strengthen communication and social skills in children from birth to age three....Parents will find encouragement for implementing activities that cost nothing yet emulate clinical practice. The methods behind the tasks give new meaning to the 'same ol' routine' and make learning opportunities out of the otherwise mundane." (starred)
(*Library Journal* 2015-11-01)

About the Author

Deborah Fein, PhD, is Board of Trustees Distinguished Professor in the Departments of Psychology and Pediatrics at the University of Connecticut.

Molly Helt, PhD, is Assistant Professor in the Departments of Psychology and Neuroscience at Trinity College, and the parent of a child with autism.

Lynn Brennan, EdD, BCBA-D, is a board-certified behavior analyst, based in Massachusetts, who has worked with children with autism spectrum disorders for more than 20 years.

Marianne Barton, PhD, is Clinical Professor and Director of Clinical Training in the Department of Psychology at the University of Connecticut, where she is also Director of the Psychological Services Clinic.

Users Review

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Shirley Joy:

The book *The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills* can give more knowledge and information about everything you want. So just why must we leave the great thing like a book *The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills*? Some of you have a different opinion about guide. But one aim that book can give many details for us. It is absolutely suitable. Right now, try to closer with the book. Knowledge or facts that you take for that, you can give for each other; it is possible to share all of these. Book *The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills* has simple shape however you know: it has great and big function for you. You can look the enormous world by wide open and read a publication. So it is very wonderful.

Marcia Eberhart:

People live in this new day of lifestyle always try to and must have the free time or they will get great deal of stress from both lifestyle and work. So , if we ask do people have spare time, we will say absolutely yes. People is human not just a robot. Then we inquire again, what kind of activity are there when the spare time coming to you of course your answer will unlimited right. Then do you try this one, reading guides. It can be your alternative inside spending your spare time, often the book you have read is definitely *The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills*.

Renee Oneal:

This *The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills* is great reserve for you because the content which can be full of information for you who all always deal with world and possess to make decision every minute. This book reveal it facts accurately using great arrange word or we can declare no rambling sentences inside it. So if you are read it hurriedly you can have whole info in it. Doesn't mean it only offers you straight forward sentences but tricky core information with wonderful delivering sentences. Having *The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills* in your hand like obtaining the world in your arm, data in it is not ridiculous one particular. We can say that no e-book that offer you world within ten or fifteen second right but this book already do that. So , this is certainly good reading book. Hi Mr. and Mrs. active do you still doubt which?

Helen Butts:

The book untitled The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills contain a lot of information on it. The writer explains the girl idea with easy method. The language is very clear and understandable all the people, so do not really worry, you can easy to read the item. The book was written by famous author. The author will bring you in the new era of literary works. You can actually read this book because you can read on your smart phone, or model, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site along with order it. Have a nice examine.

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